

It's about: understanding

LOURDES EMPLOYEE ASSISTANCE PROGRAM

9915 Sandifur Parkway
Pasco, WA 99301

Phone (509) 546-2214

Toll-free (888) 546-2214

Fax (509) 546-2284

Monday – Friday
8am to 5pm



*Our Mission is an extension of the healing ministry of Jesus.
We are called to serve our community, our patients, their loved
ones and our co-workers with respect, compassion and care.*

*We respond to the health care needs of the community
in a Christian spirit.*

We strive for excellence in all we do.

A Member of Ascension Health

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 **LOURDES**
Employee Assistance Program

Is it time to talk to someone?

*Having trouble sleeping? Feeling disconnected?
At odds with your teenager? Distracted at work?
Unhappy in your marriage? Worried about money?
Feeling alone? Angry all the time?*

Is it time to get help?

Discuss your personal concerns with professional counselors confidentially and at no expense to you. Get the assistance you need to get on with your life!



PROFESSIONAL COUNSELORS

If your problems don't seem to improve on their own, maybe it's time to ask for help. Our program offers an objective point of view on a wide range of issues troubling you at work or home, and help you find solutions – often in just a few sessions! EAP will follow-up after your sessions to assess your progress and satisfaction.

COMPLIMENTARY SERVICE

EAP is a confidential counseling service offered as a benefit to you and your family by your employer. There is no charge to you.

ONGOING COUNSELING

Clients have the freedom of choice to continue with their EAP counselor using their insurance. Lourdes accepts most types of insurance. EAP can refer you to other professionals when needed.

COMPLETELY CONFIDENTIAL

No information about you can be released to your employer or anyone, without your written permission. Your participation is completely voluntary.

FEDERAL and STATE LAW

The EAP counselor is required by federal and state laws to report potential violence which includes child abuse, elder abuse and harm to self and others to the appropriate authorities.

(888) 546-2214

Help starts with a free call.

EAP CAN HELP WITH

FAMILY AND RELATIONSHIP CONCERNS

WORK PROBLEMS

STRESS

SUBSTANCE ABUSE ASSESSMENT

FINANCIAL CONCERNS

LEGAL REFERRALS

DEPRESSION OR ANXIETY

GRIEF