

It's about: understanding

EVERY WOMAN HAS THE RIGHT TO KNOW HOW HER CYCLES FUNCTION IN ORDER TO UNDERSTAND THE WAY HER BODY WORKS.

NaProTECHNOLOGY® is the first system to network family planning with reproductive and gynecologic health monitoring and maintenance. With this technology using the Creighton Model FertilityCare™ System (CrMS™), women can easily and objectively monitor several different biological markers, which are essential to understanding women's health and fertility. This not only allows a woman to monitor her health, but also allows couples to use this knowledge to plan their family and build their future as a couple! All this is done in just minutes each day of observation.

FREE INTRODUCTORY SESSION SCHEDULE

PLEASE CALL TO SCHEDULE A SESSION: (509) 542-3036 INDIVIDUAL INTRODUCTORY SESSIONS ARE ALSO AVAILABLE.

ENGLISH

Month	Date	Time	Location
January	1/12/11	7pm	Holy Spirit - Vestibule
February	2/12/11	10am	Farrelly Auditorium at LMC
March	3/7/11	7pm	Christ the King - multipurpose
April	4/14/11	7pm	St. Joe's School - library
May	5/12/11	7pm	St. Patrick's - south classroom
June	6/8/11	7pm	Holy Spirit - Vestibule
July	7/14/11	6:30pm	Road 68 Pasco Women's Clinic
August	8/6/11	10am	Farrelly Auditorium at LMC
September	9/8/11	7pm	St. Patrick's - south classroom
October	10/4/11	7pm	Christ the King - multipurpose
November	11/10/11	7pm	St. Joe's - family room
December	12/6/11	6:30pm	Road 68 Pasco Women's Clinic

SPANISH

Month	Date	Time	Location
Enero	1/13/11	7pm	St. Joe's School - library
Febrero	2/10/11	7pm	St. Patrick's - south classroom
Marzo	3/10/11	7pm	St. Joe's School - library
Abril	4/14/11	7pm	St. Patrick's - south classroom
Mayo	5/12/11	7pm	St. Joe's School - library
Junio	6/9/11	7pm	St. Patrick's - south classroom
Julio	7/14/11	7pm	St. Joe's School - library
Agosto	8/11/11	7pm	St. Patrick's - south classroom
Septiembre	9/8/11	7pm	St. Joe's School - library
Octubre	10/13/11	7pm	St. Patrick's - south classroom
Noviembre	11/10/11	7pm	St. Joe's School - library
Diciembre	12/15/11	7pm	St. Patrick's - south classroom

NaProTECHNOLOGY® Can help with:

- + Family planning
- + Infertility
- + Menstrual cramps
- + PMS
- + Ovarian cysts
- + Irregular or abnormal bleeding
- + PCOD
- + Miscarriage
- + Postpartum depression
- + Prematurity prevention
- + Hormonal abnormalities
- + Chronic discharges
- + Help for teens available
- + Other health problems



at Lourdes Medical Center
520 N. 4th Ave. Pasco, WA 99301

(509) 542-3036

