

“The program is excellent. It is informative, easy to understand, puts one in a positive frame of mind, gives great hope and inspires one to pickup his/her life again.”

- former patient from Richland



#### COMMON REHABILITATION DIAGNOSES

- Cerebral vascular accident (stroke)
- Amputation
- Fracture of the femur
- Major multiple trauma
- Active rheumatoid polyarthritis, Osteoarthritis, degenerative joint disease (joint replacements)
- Congenital deformity
- Brain and spinal cord injury
- Neurological disorders, including Multiple Sclerosis, motor neuron diseases, polyneuropathy, Parkinson's Disease, and Muscular Dystrophy

## DISCOVER THE DIFFERENCE

### LOURDES

#### Inpatient Rehabilitation Unit

520 North Fourth Avenue, Pasco, WA 99301

**Phone** (509) 546-2249    **Fax** (509) 543-2404

#### Physical Medicine Center

9915 Sandifur Parkway, Pasco, WA 99301

**Phone** (509) 546-2306    **Fax** (509) 546-2347

*Our Mission is an extension of the healing ministry of Jesus.  
We are called to serve our community, our patients, their loved ones and our co-workers with respect, compassion and care.*

*We respond to the health care needs of the community in a Christian spirit.*

*We strive for excellence in all we do.*



Joint Commission on Accreditation of Healthcare Organizations (JCAHO)  
Commission on Accreditation Of Rehabilitation Facilities (CARF)  
Acute Trauma II, designated Rehabilitation Unit for the Tri-Cities



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## INPATIENT REHABILITATION UNIT



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## Don't take it for granted if you can:

**BATHE ■ TALK ■ WALK ■ DRESS ■ READ ■ EAT ■ STAND ■ BEND**

After surgery, illness or injury these simple tasks may seem impossible. Rehabilitation can help you, or a loved one, relearn basic tasks necessary to regain independence. Our goal is to return you to your home, work and leisure activities. Lourdes Inpatient Rehabilitation Unit is a 10 bed CARF Accredited facility, open since 1991. We are committed to providing quality care by increasing the function and independence of our patients.



**Patients participate in at least three hours of physical, occupational and/or speech therapy throughout the day.**

*Physical Therapy helps patients work on improving strength, gait, transfers and mobility.*

*Occupational Therapy improves the patient's independence in daily activities such as eating, dressing, bathing, and leisure or occupational pursuits.*

*Speech Therapy works on speech, swallow, memory, reading, problem solving and other daily living skills.*

### OUR TEAM

Successful physical rehabilitation requires an interdisciplinary team approach to patient care. Our rehabilitation professionals are UDS/FIM certified and utilize an outcome based approach. Team members include:

- Medical Director
- Occupational Therapists
- Discharge Planners
- Rehabilitation Nurses
- Orthotic/Prosthetic Consultants
- Other Ancillary Departments
- Physical Therapists
- Speech Therapists
- Dietician

### OUR SERVICES

Lourdes Inpatient Rehabilitation Unit, provide services to patients experiencing:

- Limitations in self-care
- Impaired mobility, balance, and coordination
- Limitations in strength and range of motion
- Cognitive and perceptual deficits
- Speech and communication problems
- Swallowing disorders

### REFERRALS

Our patients may be referred by:

- Physicians
- Allied Health Professionals
- Discharge Planners
- Third-Party Payors
- Social Service Professionals
- Family, Friends, or Self
- Case Managers