

LOURDES Living

 LOURDES
Health Network

Spring 2007

Progress Report:
**The New
Women &
Children's
Center**

Honoring
**Special
Memories**

2006 Lourdes
Health
Network
**Annual
Report**





With a deep sense of gratitude and pride, Lourdes Health Network is happy to share our annual report in this issue of *Lourdes Living*. The past year has been a year of celebration, building, and expansion of services.

In September, we celebrated our 90th birthday. Since 1916, Lourdes Health Network has been creating our story by responding to a calling. Ours is a story of service, commitment, caring, and action.

To continue meeting the needs of our community, Lourdes is growing. This last year saw the opening of our new magnetic resonance imaging (MRI) suite, the expansion of the adult inpatient unit at Lourdes Counseling Center, and the addition of an extensive adjacent parking area in front of the Medical Center. Within the next two months, we'll begin a remodel of our emergency department, admitting, and main lobby at Lourdes Medical Center, and we're soon to break ground on our new Women and Children's Center on Road 68 in Pasco. The Women and Children's Center is featured in this issue. We hope you enjoy reading all about the project and our plans.

The future of Lourdes Health Network is an exciting one—filled with growth and a continued commitment to bringing needed healthcare services to the people of our region in responsible and innovative ways.

Sincerely,

John Serle
President and CEO



OUR MISSION

Our Mission is an extension of the healing ministry of Jesus. We are called to serve our community, our patients, their loved ones, and our co-workers with respect, compassion, and care. We respond to the healthcare needs of the community in a Christian spirit. We strive for excellence in all we do.

Paving the Way

To celebrate the 90th anniversary of Lourdes Health Network, a spiritual garden for employees, patients, and visitors has become a part of the renovated front entrance at Lourdes Medical Center.

IF LOURDES has played an important role in the life of your family, consider purchasing a paver—a special engraved brick. For \$90, you can honor a loved one, celebrate a birth, or memorialize a family member with one of 1,700 pavers that will become part of a brick path in the new garden. Families or businesses may also sponsor engraved granite markers and benches throughout the garden.

“The granite’s longevity is a beautiful statement that honors both the person remembered and the commitment of the hospital to the Tri-Cities community for the last 90 years,” says Connie Gillispie, Chief Development Officer at Lourdes. “The pavers campaign is a unique opportunity to show your support for the hospital, pay tribute to a loved one, and help provide for the future.”

Proceeds from the 90th anniversary campaign will benefit programs and services of Lourdes Health Network.

For more information about the 90th anniversary pavers or to receive a brochure, please call Connie Gillispie at (509) 546-2254.

Sisters' Letter

A Message from the Sisters of St. Joseph of Carondelet, Founders of Lourdes Health Network

RESPONDING TO THE HEALTHCARE

needs of the people of our community in a Christian manner has been a hallmark of Lourdes for over 90 years. Countless people have shared their giftedness to continue the great tradition of caring begun by the first Sisters of St. Joseph and their partners in 1916.

“Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of working, but it is the same God who inspires them all in every one. To each is given the manifestation of the Spirit for the common good.” (1Corinthians 12:4-7)

How blessed we are for the variety of gifts:

- of our associates, whether in patient care or housekeeping, in administration or finance, all joined together in working to assure our patients experience compassionate, respectful, excellent care;
- of our Sisters and Chaplains whose values, spirit, and tradition inspire and challenge;
- of our physicians, psychiatrists, nurses, and other professional healthcare providers who promote physical, psychological, and emotional healing;

- of members of our Board of Directors whose strong commitment to the goals of the organization ensure a healthy and vital future;
 - of the Foundation Board members, auxiliaries, volunteers, and benefactors who provide service, encouragement, and financial support for the organization’s projects.
- The Spirit of God is moving Lourdes into a new future. With God’s help and the commitment and dedication of others who willingly share their gifts and talents with us, and with our membership within Ascension Health, we look forward to continuing the mission and ministry of Jesus by bringing healing to the people of our community for 90 more years.

Be assured of our daily prayers,
Sister Esther Polacci, CSJ
Sister Margaret Mary Polacci, CSJ
Sister Mary Williams, CSJ



2006 Annual Report

2006 BOARD OF DIRECTORS

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Venkataraman Sambasivan, MD, cardiologist at Lourdes Health Network

Here we grow again! Find out how Lourdes Health Network is expanding to meet the region's ever-changing healthcare needs.

LOURDES HEALTH NETWORK began its history of service by delivering health care only to local residents in a single, 14-bed hospital located in the Montana Hotel in downtown Pasco. Since its inception more than 90 years ago, however, Lourdes—now a multi-campus medical system—has grown into a premier provider of leading-edge health care to the entire region.

"Hospitals, clinics, care providers, and support services are available within our healthcare system to allow patients to receive the quality care they need while remaining close to their homes, families, and friends," says John Serle, President and CEO of Lourdes. "During the next five to ten years, Lourdes plans to continue growing to meet the increasing healthcare needs of the Tri-Cities community with the latest generation of medical equipment and quality care with a compassionate touch."

Here's a look at our recent accomplishments and plans for the near future:

1 | When you have an emergency, rest assured that Lourdes will soon be even better equipped to meet urgent healthcare needs with an upgraded emergency department (ED). Not only does the ED have a qualified medical staff, including trauma physicians, surgeons, X-ray technicians, and nurses—it now includes additional patient exam rooms, a spacious waiting area in the front lobby, and remodeled reception, triage,

and admission areas that provide patients with enhanced privacy and accessibility.

2 | The ambulatory surgery department will soon receive a physical makeover, and the gastroenterology (GI) lab has been upgraded with the latest diagnostic imaging and scope equipment.

3 | You'll find Lourdes Medical Center easier than ever to navigate, thanks to increased parking, additional entrances for patients and visitors, and a new ambulatory services entrance.

4 | Spring 2007 marks the beginning of construction on a new Women and Children's Center located on Road 68 in the heart of West Pasco. The comprehensive center offers imaging, family medicine, and obstetric and gynecological services, increasing ancillary and outpatient services and allowing Lourdes to serve a broader patient base. (For more information about the Women and Children's Center, see "Focused on Meeting Your Needs" on page 6.)

To learn more about Lourdes Health Network and its services, visit www.lourdeshealth.net.



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Fiscal Year 2006 |

Charity and additional
uncompensated care:

Charity **\$679,000**
 + Uncompensated
 Care **\$4,721,000**
 = **\$5,400,000**

Cost of public programs: **\$363,000**

Other programs for those in

financial need: **\$132,000**

Number of patient days: **16,481**

Number of emergency

room visits: **25,099**

Admissions: **3,236**

Outpatient visits: **129,083**

Physician office visits: **41,616**

Number of volunteers: **253**

Number of volunteer hours: **26,593**



Patient undergoes diagnostic imaging.



Focused on Me Your Ne

This drawing shows what the Women and Children's Center will look like upon completion in 2008.

Comprehensive Services

The compassionate, expert staff at Lourdes Health Network Women and Children's Center will provide comprehensive medical care to the growing West Pasco area, furthering the Lourdes Mission by serving the needs of the community with excellence.

Here are some of the services planned for the Center:

- family practice
- obstetrics and gynecology
- general surgery
- urology
- pediatrics
- diagnostic imaging
- lab services
- prenatal, parenting, and nutrition classes

Lourdes Health Network is reaching out to young families in the West Pasco area through the planned construction of a Women and Children's Center.

AS THE WEST PASCO area continues to grow at a resounding pace, Lourdes Health Network continues a 90-year tradition of providing the highest-quality health care for its community and growing families.

"The new Women and Children's Center will be constructed in the heart of the West Pasco growth area," says John Serle, President and CEO of Lourdes. "Services will be convenient, easily accessible, and available to everyone in the Tri-Cities community."

Groundbreaking for the project will begin in the spring of 2007 with completion anticipated in early 2008. Funding for the Women and Children's Center is partially provided by a Health Resources and Services Administration (HRSA) grant from the U.S. Department of Health and Human Services. Lourdes received the grant in 2002, largely due to the efforts of Congressman Doc Hastings, and much time and energy has been spent since then carefully evaluating the

best way to use this important resource.

"Since receiving the grant, we've researched and identified the needs of our community and begun planning for the Women and Children's Center," says Kevin Taylor, MD, Medical Director of Physician Practices at Lourdes. "I've been deeply involved with the scope of services offered and with the development of the floor plan, and I believe it's well designed to meet the needs of families in our community."

A Look Inside the Women and Children's Center

Once finished, the 28,000-square-foot Women and Children's Center will be a beautiful addition to the West Pasco community. Located immediately off of Road 68 on Wrigley, the main entry of the two-story building will open into a beautifully decorated atrium with immediate access to a directional way-finding system, main corridors, and the elevators.

Here's a look into the many family-focused services that will be available on each level.

First floor —This floor will house a variety of Lourdes Health network providers, including family practice physicians and obstetricians. A lab station to have blood drawn for routine blood work will also be available. Special features for women include imaging services such as mammography, ultrasound, and DEXA scans (used to

"We're excited to provide primary care for the whole family following the completion of our Women and Children's Center in the West Pasco area. This region has experienced significant growth in recent years, and through our construction project, our goal is to bring quality care close to home."

—John Serle, President and CEO of Lourdes Health Network

eting eds

“The Mission of Lourdes is to address the community’s needs. The new Women and Children’s Center is in perfect harmony with our Mission as we continue to provide quality services for people in our community.”

- Barbara Mead, Vice President of Behavioral Health and Physician Clinics at Lourdes Health Network

measure bone density). A female surgeon specializing in delivering compassionate diagnostic and surgical care for patients with breast cancer will also be located in the facility. Additionally, a unique feature of this Center will be the Visiting Specialist Clinic. Physicians specializing in a variety of areas will be available on a rotating basis for appointments and consultations. Having specialized health care available locally in the community should prove to be tremendously helpful and convenient.

Second floor—Space on the second floor is being reserved for future growth and complementary medical providers.

Lower level—The basement of the Women and Children’s Center will feature conference and classroom space that will act as a Learning Center, which will host training and education sessions such as prenatal classes for expectant mothers and fathers. Infant care and sibling classes will also be available.

“The explosion of growth in young families in the West Pasco area has created the need for several areas of service,” says Dr. Taylor. “I’m excited to be part of a health system that has taken action to meet the needs of the community through building a conveniently located Women and Children’s Center.”

Serving the Needs of All

Although the primary focus will be on meeting the needs of women and children, the Center will be equipped to provide care for the whole family. For those with limited resources, financial counseling and assistance will be available. Everyone will enjoy the same commitment to the high-quality health care that Tri-Cities residents have come to rely on and trust from Lourdes Health Network, in a caring and compassionate environment.

“We expect the patients utilizing the services at the Women and Children’s Center to come from all walks of life, and we intend to answer this call with a beautifully designed and accessible Center,” says Paul D. Scott, Director of Facilities and Engineering at Lourdes. “We are constructing what will surely become a landmark in West Pasco. Our steadfast goal continues to be providing equal access and assistance to each patient who comes through the doors of any one of our facilities and to help ensure the essential elements of care they need are met. In the spirit of our Mission, what greater gift than to be able to assist those in need to achieve their highest potential in life.”

For more information about the Women and Children’s Center construction project at Lourdes Health Network, call (509) 546-2206.

The Visiting Physician is In

A unique feature of the coming Women’s and Children’s Center will be the Visiting Specialist Clinic. Physicians specializing in a variety of areas will be available on a rotating basis for appointments and consultations. This service will be available for community members of all ages and walks of life.



Floor plan of the Women and Children’s Center ground level

{ Physician Profile }



A Guiding Light for Women

Laurie S. Evans, MD, general surgeon at Lourdes Health Network, not only evaluates, diagnoses, and treats breast health issues—she helps empower women to find their inner strength in the process.

“I find the human body and its anatomy fascinating, and I enjoy facilitating the healing process,” says Dr. Evans. “Seeing women go from the vulnerable situation of discovering a breast abnormality to a point of strength and healing is so rewarding.”

In addition to providing surgical care at Lourdes Medical Center, Dr. Evans performs clinical exams, ultrasounds, and biopsies. She works closely with each patient’s radiologist and pathologist to ensure a continuum of care and educates patients to help them best navigate their healthcare choices.

New Technology for Breast Health

Dr. Evans was instrumental in bringing a new procedure called Partial Breast Radiation to the Tri-Cities. This cancer therapy directs radiation only to the abnormal tissue. Traditional therapy exposes the entire breast to radiation and can take weeks or even months. Partial Breast Radiation produces the same results in only five days.

“Partial Breast Radiation is an exciting new technology for treating breast cancer,” says Dr. Evans, “and Lourdes Medical Center is the first facility in the Tri-Cities to offer this procedure.”

To schedule an appointment with Dr. Evans, call (509) 547-0027.