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[www.lourdeshealth.net](http://www.lourdeshealth.net)



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**PATH**

Projects for Assistance  
in Transition from Homelessness

## A BRIGHTER FUTURE ~ STRAIGHT AHEAD

The PATH Program of Lourdes Counseling Center is a formula grant program, administered by the federal Center for Mental Health Services.

PATH provides flexible, community-based services for people with serious mental illnesses and co-occurring substance abuse disorders who are homeless or at imminent risk of becoming homeless.

PATH Services are designed to identify, assess, and ensure the safety of those who are homeless and mentally ill. PATH staff members help their clients to identify needs and resources, and link them with services that can lead to permanent housing, recovery, and independence. There are about 400 PATH programs throughout the nation, and more than half are based at community mental health centers.

Primary emphasis is on outreach, housing solutions, and serving as a liaison to other community services for those who are dually diagnosed with serious mental illness and a substance use disorder and who are homeless or at high risk of becoming homeless.

### SERVICES INCLUDE

- Outreach
- Screening and diagnostic treatment
- Coordination of and referrals to community mental health services
- Training and case management
- Assistance in obtaining and coordinating services for eligible homeless individuals
- Assistance in obtaining income support services, such as housing, food stamps, and supplementary security income benefits
- Referrals for other services and primary health care

For more information about Lourdes Counseling Center's PATH Program, please call 943-9104.



PATH staff members go where homeless individuals reside and establish trusting relationships with them. Once a relationship is established, they help connect the homeless to meet basic needs such as housing, food, and clothing. They then support their participation in psychiatric and supportive services. PATH outreach is the first step toward the achievement of recovery, housing, and self-determination.